



Course Specifications of US3110

Course No.	Course Title	No. of Units			Pre-requisites
		Th.	Pr.	Credit	
US 3110	College Skills	2	-	2	-

Course objectives:

Developing academic, personal and communication skills of Common First year students and applying these skills in their college and practical life.

Course description:

The course (college Skills) is a basic course for students of common first year at Islamic University. The course contains the latest and most important basic skills for effective positive communication on the personal and social levels, in addition to global concepts, theories and strategies in learning and thinking in order to benefit from them in the scientific and practical fields.

These practical and scientific fields could be noticed in following topics: time management skills and effective study, self-learning skills and modern learning methods, communication skills in the science and work environment, scientific research skills and tools, global programs in thinking, dialogue and persuasion skills, body language and non-verbal communication, core thinking skills Self-discovery and marketing skills, social responsibility and positive citizenship.

Basic reference:

- Learning and Thinking Skills: Noah Yahya Al-Shehri, Jeddah. Second edition. 1434 AH
- Communication Skills: Noah Yahya Al-Shehri, Jeddah. Third edition. 1435 AH.

Additional references:

- College skills: Abdul-Majid Al-Jariwi and others, King Saud University. First edition 1439 AH
- Anthony Manning et al. 2020 College Skills 1st Edition Adapted and revised by Dr. Mansour

Al-Maliki et al., Reading, UK: Garnet Publishers. :Al-Maliki et al., Reading, UK

Garnet Publishers

- Developing thinking in interesting ways. By Pro. Abd Al Wahed Al Kobaisy
- How to mind map. By Tony Bozan